

Does your child struggle to make and keep friends?

PEERS[®] Social Skills Groups for Kids & Teens

PEERS[®] is a 14-week, evidence-based social skills intervention for motivated students who are interested in learning new ways of making and keeping friends. This internationally acclaimed program, used in over 35 countries, was originally developed at UCLA by Dr. Elizabeth Laugeson. During each group session, participants are taught important social skills and are given the opportunity to practice these skills in session during socialization activities. Parents attend separate sessions and are taught how to assist their children in making and keeping friends by helping to expand their child's social network and provide feedback through coaching during weekly socialization homework assignments. PEERS[®] may be appropriate for kids and teens with high functioning Autism Spectrum Disorder, ADHD, Anxiety, Depression, or other social and behavioral difficulties.

**Parent participation is required*

Tuesdays Sept. 5th to Dec. 12th

5:00-6:30 PM Ages 8-12

7:00-8:30 PM Ages 13+

No class October 31st.

Parent class runs simultaneously.

Participants will be placed in the group that is most appropriate for their development.



**Marvelous
Minds**



Participants will learn how to:

- Use appropriate conversational skills
- Use humor appropriately
- Use electronic communication
- Enter and exit conversations
- Be a good host during get-togethers
- Be a good sport
- Handle arguments/disagreements
- Change a "bad reputation"
- Handle rumors and gossip
- Handle rejection, teasing, and bullying

For more information or to schedule a consultation, please contact our office.

630-474-4353